



NUTRITION PROGRAMS
Additional
UN, WHO and U.S. HHS
Evidence-Based Guidelines & Resources
(Please also see the hundreds of supporting
references in the following):

1. [Position of the American Dietetic Association: Vegetarian diets](#)
(Also [American Academy of Pediatrics](#) & numerous others)
2. [American College of Lifestyle Medicine \(ACLM\)](#)
3. [Lifestyle Medicine Global Alliance \(LMGA\)](#)
4. [International Board of Lifestyle Medicine \(IBLM\)](#)
5. [International Journal of Disease Reversal and Prevention--Incorporating the International Journal of Lifestyle Medicine](#)
6. [American Medical Association](#)
[AMA/Gaples Institute for IntegrativeCardiology Partnership](#)
See especially [Resources for Health Professionals](#)
7. [Precautionary Moratorium on New & Expanding Concentrated Animal Feeding Operations \(CFOs\)](#) Amer Public Health Assoc Policy 2003-2019
8. [Report on emerging zoonotic diseases](#) WHO/ UN Food & Agriculture Organization (FAO)/World Organization for Animal Health (OIE) 2004
9. [The Origins of Pandemic Influenza -Lessons from the 1918 Virus](#) New England Journal of Medicine 2005
10. [Livestock a major threat to environment](#) FAO 2006
11. [Livestock's Long Shadow-environmental issues and options](#) FAO 2006
12. [CFOs in Infect Dis Epidemics & Antibiotic Resist](#) Environ Health Perspect 2006
13. [Editorial: The Chickens Come Home to Roost](#) Am JI Pub Hlth 2007
14. [Industrial Livestock Production and Global Health Risks](#) FAO (Johns Hopkins/ Rural Dev. Research Consortium/ Univ. of London) 2007
15. [Pandemics: History & Prevention](#) Includes UN/WHO/CDC references. One hour video. Nutritionfacts.org. 2007
16. [Interventions on diet and physical activity: what works: summary report](#) WHO 2009
17. [Understanding Concentrated Animal Feeding Operations \(CFOs\) and Their Impact on Communities](#) CDC & NALBOH 2010
18. [What's Good for You is Good for the Planet: Dean Ornish MD at TEDxSF](#) Video. "7 Billion Well---Advances in Global Health" 2012
19. [The transformative potential of the right to food](#) UN General Assembly Report 2014
20. [A Fresh Look at Livestock Greenhouse Gas Emissions and Mitigation](#) World Bank Group, USA 2016
21. [Open letter urges WHO to take action on industrial animal farming](#) "Three Slow Motion Disasters" & "The Tipping Point" The Lancet 2017
22. [Re-Thinking Meat: How Climate Change Is Disrupting the Food Industry](#) World Bank Group, USA 2018
23. [The 21st-century great food transformation](#) The Lancet 2019
24. [Food in the Anthropocene: the EAT-Lancet Commission on healthy diets from sustainable food systems](#) The Lancet 2019

25. [The Global Syndemic of Obesity, Undernutrition, & Climate Change: The Lancet Commission report](#) The Lancet 2019
26. [Sustainable healthy diets](#) UN&WHO 2019
27. [Report of the 50th Anniv. of the White House Conference on Food, Nutrition & Health](#) 2020
28. [Diet & Climate Change](#) Video Nutritionfacts.org 2020
(See [Evidence-Based Weight Loss](#) re [How Not to Diet](#) for close to 5,000 refs.)
29. [Zoonotic Diseases](#) "3 out of every 4 new or emerging infectious diseases in people come from animals" CDC 2020
30. [Avian Flu](#) CDC 2020
31. [Swine Flu](#) CDC 2020
32. [How the Flu Virus Can Change](#) CDC 2020
33. [Past Pandemics](#) CDC 2020
34. [1918 Pandemic \(H1N1 virus\)](#) CDC 2020.
35. [Coronavirus Pandemic](#) WHO Video 2020
36. [China's Wet Markets, America's Factory Farming National Review2020](#)
37. [Our Cruel Treatment of Animals Led to the Coronavirus](#) The New York Times 2020
38. [The COVID-19 Pandemic May Just Be a Dress Rehearsal](#) Nutritionfacts.org 2020
39. [How to Prevent the Next Pandemic](#) Nutritionfacts.org 2020
40. [Preventing the next pandemic-Zoonotic diseases & how to break the chain of transmission](#) UN 2020
41. [The next wave-How to beat future pandemics](#) video UN 2020
42. [Pediatric societies' declaration on responding to the impact of climate change on children](#) includes: "offering primarily vegetarian, climate-conscious, and locally-sourced meals." 2020

Return to [HEPFDC NUTRITION PROGRAMS](#) webpage.